



NAM NOTES

15555 Kuykendahl, Houston, TX 77090 www.namonline.org 281-885-4555

November 2006

Jeans & Jewels luncheon raises over \$25,000

The Jeans & Jewels Luncheon and Style Show benefiting Northwest Assistance Ministries was a sellout event recently at Shirley Acres and grossed over \$25,000 for NAM's programs and services.

The luncheon theme was "Cowgirls Raisin' FUNds" and featured specialty booths along with a raffle for prizes. The mistress of ceremonies and guest speaker was Carolyn Davis, an avid proponent of and volunteer in charitable organizations that promote the welfare of children and families. The style show fashions were from Scruples.

"The luncheon and style show was a terrific event. Every year the luncheon and style show seems to grow. The committee did a great job," said Carole Little, NAM President and CEO.

"I want to thank the committee for their hard work and the people who attended for their contributions. NAM programs rely on event proceeds to keep operating at current service levels."

The luncheon co-chairs were Jackie Riley and Connie Stick. This year the

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Jeans & Jewels Style Show models were Cynthia Stick, from left, Merle Rumsey, Suzanne Ellis, Raelene Hill, Ruth Becker, Anita Kirk, Valerie vonBerg, Brenda Pennington & Kathie Blinn. Fashions for the luncheon at Shirley Acres were provided by Scruples. This year's show also featured specialty vendors and a raffle for gift packages.



Golf legend Jackie Burke laughs at guests' stories about him during the NAM Endowment Funds "Grand Slam" dinner and roast.

Roast raises over \$50,000 for endowment

The Northwest Assistance Ministries Endowment Fund Board of Directors' "Grand Slam" dinner and roast honoring golf legend Jackie Burke at Champions Golf Club in September raised over \$50,000 for the endowment fund.

The Endowment Fund Board staged the sold-out event to raise funds for NAM's building maintenance endowment. Once fully funded, the endowment will mean building maintenance expenses will never impact client services.

NAM and the board are working to meet the final requirements of the Weinberg Foundation's \$500,000 challenge grant. The foundation will

match dollar for dollar every dollar raised up to \$500,000. The foundation is matching funds in \$100,000 increments.

NAM, with the help of the community, has funded four \$100,000 installments. Now, with proceeds from the 2006 Endowment Fund Golf Tournament and "Toast and Roast," NAM has \$82,000 of the final \$100,000. Once completed, community contributions along with the grant will create a \$1 million endowment fund for maintenance of NAM's main building at 15555 Kuykendahl.

The Weinberg challenge grant offer expires at the end of December so NAM

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Navigating growth and change can be difficult

NAM is in a period of growth, which generally results in changes.

Navigating those changes can be difficult. Just as human beings go through life stages, organizations experience similar transitions. *The Five Life Stages of Nonprofit Organizations: Where You Are, Where You're Going, and What to Expect When You Get There* by Judith Sharken Simon and J. Terence Donovan (May 2001) may help you understand where NAM is as an organization. Simon and Donovan describe the five stages as:



- I. Imagine and Inspire
- II. Found and Frame
- III. Ground and Grow
- IV. Produce and Sustain
- V. Review and Renew

NAM has been serving the community for 23 years and can be most likely described by Stage V: Review and Renew. "In this stage, the organization is reinventing itself in some way, shape, or form through a process of review and renewal. The primary question is

'What do we need to redesign?' It can be a time of large or small, exciting or stressful, but always necessary, change. Advocates of the chaos theory state that it is necessary to promote chaos in order to create new patterns of behavior." (Simon & Sharken, pp.6)

Just as individuals go through drastic changes and are thrown into chaos - career changes, divorce, death, illness, bankruptcy, etc. and eventually work through them and come out stronger, organizations experience the same symptoms.

In order for us to come out stronger, we all need to work together to recognize a number of issues. First, the leadership here at NAM is a proactive, dedicated, caring and focused group of individuals committed to the mission of NAM and the safety and security of all who enter its doors; to that end, decisions are made taking the former into account.

Sometimes when change occurs, an organization may cycle back to an earlier stage, for example from Stage Five: Review and Renew to Stage IV: Produce and Sustain. This is healthy, and without necessary change, an organization may find itself in the last or sixth stage - Decline and Dissolution where an organization is forced to shut its doors.

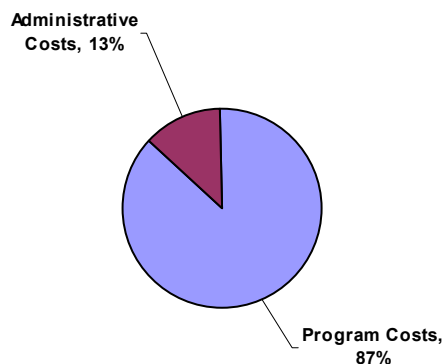
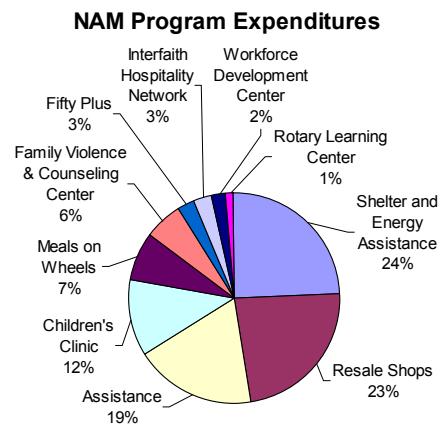
So for those who are still trying to

understand the changes at NAM, please know that change is necessary, not always comfortable; but NAM is surely a healthy organization as it is proactively taking the much needed steps to produce and sustain.

To each and every one of you who work, volunteer or donate to NAM, I wish to thank you for your dedication and commitment to NAM. Your efforts contribute to the greater good. Hopefully you will continue to find the environment here at NAM a meaningful one as we strive together to make the community a better place for all.

Ardle Little

A + E = M
(Attitude + Effort = Mission)



NAM Programs and Services

Assistance Office	281-583-5600	Second Chance Resale	281-880-9000
Children's Clinic	281-885-4630	Corner Resale Shop	281-885-4544
Development	281-885-4608	Senior Services	281-885-4600
Donations Hotline	281-885-4545	Shelter & Energy Assistance....	281-885-4531
Family Violence Center...	281-885-4673	Workforce Development.....	281-885-4506
Interfaith Hospitality Network.....	281-885-4567	Other agencies at NAM	
Meals on Wheels.....	281-885-4622	Harris County Social Services...	281-885-4591
NAM Counseling Ctr.....	281-885-4537	Harris County Hospital District.	281-587-8596
Rotary Learning Center...	281-885-4616	Even Start.....	281-586-1888
NAM Resale Shop.....	281-897-8952		

Luncheon continues to grow and tickets sell out

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luncheon also honored Susan Byram and Kristie Campbell for their ongoing contributions to NAM and the community.

The luncheon and style show kicks off events leading up to NAM's largest annual fundraiser, **Jeans & Jewels...A Texas Size Party**, Nov. 11 at the Tomball Grand Pavilion. Gala chairs are Merle Rumsey and Raelene Hill.

This year's gala honorees are Kim and Raleigh Jenkins. The gala's top supporting partner is ABC Pest, Pool & Lawn Services.

Other major sponsors to date include TGS-NOPEC-Geophysical, Linda and Harlen Martens, Louise and Steve Slater, Continental Airlines/Kathy and Jim Stevens, Pam and Bob Hughes, Anadarko Petroleum, BMC Software, the Houston Chronicle, Janice and John Leslie, Citation Oil and Gas, HCC Insurance Holdings Inc., The Crump Foundation, Dominion E & P, Methodist Willowbrook Hospital, The Watson Family Foundation, Memorial Hermann, Northwest Medical Center/Tenet Health Foundation, Ultra Petroleum Inc., Lynn and Osama Mikhail, Bank of



Jeans & Jewels Luncheon and Style Show co-chairs, Jackie Riley, above from left, and Connie Stick, check out a jacket Debbie Clemens donated for the raffle. The jacket is signed by Debbie and husband, baseball legend Roger Clemens. Susan Byram and Kristie Campbell were honorees at the luncheon. They were recognized for their ongoing contributions to NAM and the community. The event grossed over \$25,000 for NAM programs.

America and State Sen. Jon Lindsay.

Models included Anita Kirk, Valerie vonBerg, Raelene Hill, Cynthia Stick, Kathie Blinn, Merle Rumsey, Ruth Becker, Suzanne Ellis and Brenda Pennington. Proceeds from Jeans & Jewels will directly support NAM's programs, which helped

assist, shelter and feed more than 100,000 individuals and families last year.

For information on the luncheon or gala, call Alisha Roberts at 281-885-4608. Gala tickets and sponsorships are still available.

FVC offers domestic violence awareness programs

October was National Domestic Violence Awareness Month, but NAM's Family Violence Center (FVC) offers free Family Violence Education classes and programs throughout the year at NAM's main building, 15555 Kuykendahl.

Class topics include: History and Definitions of Family Violence, Myths and Warning Signs, Power & Control, Effects on Children, Substance Abuse and Family Violence, and Leaving an Abusive Relationship.

The FVC also offers Youth Education

programs for regular public and private school classes, Sunday School classes, Scout troops and other youth groups. Youth program topics include bullying, date rape, dating violence and family violence.

The FVC Youth Educator schedules programs and conducts them in the group's regular classroom or meeting hall.

For individuals experiencing a crisis, the FVC has a hotline at 281-885-4673 which is available 24 hours a day.



Northwest Assistance Ministries
15555 Kuykendahl
Houston, TX 77090

NAM Notes is the newsletter of Northwest Assistance Ministries. NAM Notes is published periodically throughout the year.

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Chief Financial Officer Rita Fryer
Development Director Maria Magee
Deputy Director of Service Programs Selena Mason
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www.namonline.org
281-885-4555

NAM Statement of Activities for the 12 months ended 9/30/2006 (Preliminary & unaudited)

Total Support and Revenues	\$9,551,451
Expenses	
Program services	\$9,063,320
Management and General	\$687,945
Fundraising and Development	\$278,921
Total Expenses	\$10,030,186
Increase (Decrease) in Net Assets	<\$478,735>

Donations and foundation income that normally would have supported NAM's basic operations were designated to support hurricane relief efforts. Since NAM continued to provide services to its normal client base, a shortfall was incurred.

A new home for the holidays and hope for the future

Caresia Lincoln has a plan and hope for the future thanks to NAM.

Lincoln and her 6-year-old son are set to graduate from NAM's Interfaith Hospitality Network for homeless families in mid-November. Lincoln has worked her way through the program and found a job through NAM's Workforce Development program. She's looking forward to moving into her own place and being independent, again.

"If it wasn't for NAM, I would have had to give my son up to the state while I tried to get back on my feet, and for that I am grateful," Lincoln said. "I've got nothing bad to say about NAM. I expected help and I've received it. It was not always what I wanted, but it was always what I needed. It's (her NAM experience is) better than what I expected it to be."

Lincoln spent four years in the military. Originally from Arkansas, she has lived in

Houston for eight years. The cost of living is much higher in Houston, she said. A nice apartment in Arkansas costs \$350 while a similar apartment in Houston costs \$650. She was working in security in Houston. Most of the jobs are at night, and she doesn't have child care.

"I wasn't able to make ends meet on \$8 or \$9 an hour. My check went to pay the rent and the lights and then I was broke. You start dipping into your rent money to pay other things. Pretty soon you're evicted," she said. "I didn't have a support system. I didn't have anyone to help me. When you don't have a support system, it's hard."

Lincoln found NAM on the internet. She researched all the Houston homeless programs searching for one that would accept her and her son. She applied and was accepted into NAM's program. The family spends days at NAM and nights at one of NAM's Covenant Congregations.

"The congregations go out of their way to help. There's plenty of food, and if they don't have something, they go out and get it. The congregations have been wonderful," Lincoln said.

In the IHN program, Lincoln said she has learned budgeting and parenting skills. "You learn how to get by with what you've got," Lincoln said. "My 6-year-old can be a handful, and I've learned better ways to deal with him. You know, you thought you were doing the right thing and you weren't."

With a new job in customer service, Lincoln is looking forward to being home for the holidays. "NAM has done a whole lot for us," she said.

Using gift, grocery cards for purchases helps NAM

Buy gift certificates for purchases at Randall's, Macy's, and Luby's from participating congregations, NAM's Corner Resale Shop or NAM's Business Office. The cards buy the same amount of food or merchandise as any other form of payment, and NAM makes a few dollars because NAM buys them at a discount from the stores.

Supporters can link their Randall's card at the Customer Service Counter to NAM's ID number (515) to identify NAM as the nonprofit organization they wish to support. Each time a cardholder shops, the cashier will scan the card, and NAM will receive a percentage of the purchase as a refund from the store. And, it won't cost the cardholder anything! Get a card at participating stores.

For Kroger shoppers, first purchase a Gift Card for \$1 at NAM. Purchase additional cash value to be loaded onto the card at a Kroger's Customer Service Counter. Use the Gift Card to make purchases and NAM will receive 5% of the total spent. Additional value can be reloaded onto the card at Kroger's as necessary and NAM will continue to receive 5% each time the card is used.

For information, call the Development Department at 281-885-4605.

You can help the needy this holiday season

NAM still needs volunteers for the Holiday Project as well as donations of holiday food and unwrapped gifts for children.

The Project goal this year is to provide a turkey and enough food for three to five days for 800 families at Thanksgiving and 1,200 families in December along with gift bags for 3,500 children.

Anyone who would like to help can call the Holiday Coordinator between 10 a.m. and 3 p.m. Monday through Friday at 281-885-4555, ext. 3914.



*Majestic Truffles
make the perfect holiday gift
for family, friends and business associates.*

Made with love by the volunteers of NAM's Senior Center
Proceeds benefit Northwest Assistance Ministries

To place an order or for more information, call 281-885-4544 or visit NAM's web site,
www.namonline.org. The deadline for holiday orders is Dec. 11.

'Because you deserve a royal treat!'

Roast helps fund maintenance endowment fund

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and the Endowment Fund board have a little over two months to raise the final \$18,000. These funds must be raised by Dec. 31 in order for NAM to receive the final \$100,000 grant award from the Weinberg Foundation.

Pat Riley and Eddie Harrell chaired the Endowment Fund Board's roast committee. The event's top sponsors were Citation Oil and Gas, Dernick Resources, NGP Capital Resources, Smith Production Inc., Stallion Oil Field Services and TrustMark Bank.

Celebrity "Toast and Roasters" included Jean-Paul Hebert, Jim McLane, Joe Moresco and Hal Sutton. Burke won 17 professional golf events including the 1956 Masters Tournament and four straight Professional Golf Association Tour events.

Burke also has been inducted into the World Golf Hall of Fame, and he is co-founder of the Champions Golf Club.

For information on contributing to the Endowment Fund, call Alisha Roberts at 281-885-4608.



NAM Endowment Fund Board members and event co-chairs Pat Riley, left, and Eddie Harrell, right, visit with golf hall-of-famer Jackie Burke.

Sidelines with Sarah: 'God Bless You'

By Sarah Fisk

NAM Volunteer Assistance Counselor

"God bless you." I hear those words many times as clients leave my NAM assistance office.

Those of you who fill gift bags don't see the relief on the faces of the parents when they realize that their children will receive toys at Christmas.

Those of you who donate to NAM do not get to hear the blessings from the men and women who are helped. It has always concerned me that NAM's donors may not understand the impact they have on others.

As an assistance interviewer, I do get to see parents' relieved faces. And, because I am the person who helps our clients with overdue rent, or food, or clothing, or a late water bill, or a Thanksgiving and Christmas voucher (or all of the above), I am the one who witnesses the impact the assistance office has on others. I am the one who receives the credit from NAM's clients.

During the holidays we enjoy giving to others maybe even more than receiving. At this time when we are all counting our blessings and celebrating the season, remember to give thanks that you can donate to others.

It is true that the donations to NAM fuel all that we do to help our clients in the assistance office.

And so, to all of you who give every year, from the nearly 7,000 assistance clients who receive every year, hear their collective voices: "God Bless you."

Help reach endowment fund goal

The goal of raising \$500,000 for perpetual building maintenance is within reach thanks to the generosity of the community and the hard work of the Endowment Fund Board.

NAM is within \$18,000 of completing the last phase of a \$500,000 challenge grant from the Weinberg Foundation. NAM has until Dec. 31 to raise the remaining \$18,000. Dollars applied toward the grant actually count two for one.

The Weinberg Foundation has offered to match dollar for dollar funds raised for the endowment fund up to \$500,000. The grant is payable in \$100,000 installments. NAM has matched and received four installment payments.

Once fully funded, the grant means NAM will have a \$1 million endowment and the interest income will help cover the maintenance costs of NAM's main building. Long term, the growth of the endowment means building maintenance expenses may never impact client services

To make a donation, please call Alisha Roberts at 281-885-4608.



Give a little. Gain a lot.

It's amazing how far a little food can go.

Collected items can be dropped off at the NAM Food Pantry, 15555 Kuykendahl.

Call 281-885-4589 for information or visit www.namonline.org.



People can receive tax benefits and help NAM

Donations received before the end of the calendar year may offer tax advantages to the donor as allowed by law. NAM offers several ways people can help support its programs and services.

Many people respond to NAM's periodic mail and email appeals for financial, volunteer and in-kind support. NAM also has other opportunities for contributing to NAM's effort to help our neighbors in need.

Make a Donation Online

Northwest Assistance Ministries (NAM) accepts donations electronically via its website, www.namonline.org.

Make a Donation by Check

These donations should be mailed to: Carole Little, President & CEO
Make checks payable to: Northwest Assistance Ministries (NAM)
15555 Kuykendahl Road
Houston, Texas 77090-3651

For information, please call the Development Department at 281-885-4605.

Make a Donation of Stock

These funds can be designated for one or more programs, services, events, or seasonal drives NAM sponsors. These donations are tax-deductible as allowed by law.

For information on making a stock donation, call Rita Fryer at 281-885-4579.

Food Donations

These items are distributed through NAM's Food Pantry and are always welcome, though especially needed during the summer months and holiday season.

Clothing, Furniture & Household Items

These donations are used extensively throughout the organization. The Assistance and other programs interview clients to determine need and many donated items are distributed directly to clients. Items are sold through NAM's three resale shops and the income from those sales fund a major portion of NAM's operating budget. For information or to arrange for a pick up, call

the donation hotline at 281-885-4545.

Vehicle Donations

Contributions of cars, boats, motor homes, and trailers are accepted by NAM; when applicable, some vehicles are donated to clients for their use in going to and from work, providing family transportation, etc. All items are inspected, repaired, and sold (without commission) through a local dealer with all funds returned to NAM.

For information, call our Donations Hotline at 281-885-4574.

Medical supplies and equipment

These contributions benefit the patients seen in The Children's Clinic at NAM.

Medical supplies, generic pharmaceuticals, children's toys and books, and other related items contribute to the overall comfort of the families who use these services.

For information, call 281-885-4630.

Housing Partnerships

NAM's Family Violence Center and Interfaith Hospitality Network directly benefit from housing partnership donations. Resources are always needed to provide emergency safe housing for abused women and children, as well as displaced families; temporary placement in unsold hotel or motel rooms is ideal until permanent housing can be found. Clients spend the day at NAM where they can use the day centers and Assistance services available through these two programs.

For information, call the Family Violence Center at 281-885-4660, or Interfaith Hospitality Network at 281-885-4568.

Cots, beds, linens, air mattresses, personal toiletries, and hairbrushes

These items benefit the adults and children who are clients of the Assistance program, the Family Violence Center, and Interfaith Hospitality Network.

These contributions could mean the difference between a long night spent on

the floor and a good night's sleep on something comfortable. The personal care items improve feelings of self-worth, feelings that may have been damaged through unexpected changes in lifestyle.

Call Assistance at 281-583-5600, Family Violence Center at 281-885-4673, and Interfaith Hospitality Network at 281-885-4568 for information.

NAM does NOT give, rent or sell donor information to businesses or other organizations. This information is used to keep NAM supporters informed about NAM activities by mail, phone and email. If you wish to remove your name from the list to receive such material, contact the Development Department at 281-885-4605.

Northwest Assistance Ministries Calendar

November

- 1 Holiday Coordinator starts
- 11 Jeans & Jewels gala
- 18 Thanksgiving food distribution
- 19 Turkey Sunday for Pantry
- 22 NAM closes at noon
- 23-24 NAM closed for Thanksgiving

December

- 10 Congregation Sunday
- 15 Holiday Distribution begins
- 17 Congregation Sunday
- 22-26 NAM closed

Volunteer Orientation is at 9 a.m. the first and third Thursday of each month except July and December.

Save the Date
Jeans & Jewels...
A Texas Size Party
Nov. 11
Tomball Grand Pavilion

NAM's wish list

Development Department

Digital video camcorder

Food Pantry

Commercial scale
Nonperishable food items
Cash Donations always gratefully accepted

Assistance Program

Helpline sponsor - \$12,000
Digital Camera and software for computer
Portable fans
Two-drawer file cabinets

Building Maintenance

4-ft x 6-ft U.S. and Texas flags
Indoor/outdoor carpet
Commercial floor mats for the Fifty Plus area
Tile or carpet for FVC hallways
Tile or carpet for 2nd and 4th floor hallways
Ceramic tile
Poly strapping machine

Interfaith Hospitality Network

Fold-up baby playpen
Maternity clothes
Toiletries
Pillows

Family Violence Center

Toy vehicles (ambulance, police car, construction vehicles, etc.)
Tool Set
Doctor's Set
Sand for sand tray - about 40 lbs.
Paint and Manila paper
Legos - Medium size
Dart Set (play set - no sharp points)
Dress-up clothes for girls
Puppet Stage or theatre
Miniature toys for sand tray (people, animals, etc.)
Toy guns and handcuffs

Fifty Plus Senior Center

Van drivers, especially on Fridays
Ride-along volunteers to assist drivers Wednesdays and Fridays
Back-up bingo caller
Large microwave for Truffle Project

Shelter & Energy Assistance

Two medium duty paper shredders (8 to 10 sheets)

Recent grant awards

Jackson Foundation
John P. McGovern Foundation
Vale-Asche Foundation

Electric three-hole punch

Information Technology

New UPS' for workstations - minimum of 1400VA/980W
IT volunteers
Recent HP printer cartridges

Resale shops

Security System
Copy Machine
Bicycle rack
Rolling racks
Shopping carts
Volunteers

Children's Clinic

Spanish Children's books
Spanish speaking volunteers
Books - new and used
New toys for birthday gifts
Table scale
Braun Thermo Scan (Need 3)
Electronic thermometer (need 3)
Rectal probe thermometer (Need 3)
Probe covers (10 cases per year)
Child blood pressure cuff with bulb and valve (Need 10)
Adult blood pressure cuff with bulb and valve (Need 9)
Large Adult blood pressure cuff with bulb and valve (Need 2)
Welch Allyn Oscope/Ophthalmoscope Kit with teaching head

Meals on Wheels

Copy machine
Paper shredders - medium duty
Coolers - 28, 32, 36, 48, 52 quart
Volunteer drivers
Digital Camera
Portable Scanner
Cell Phone with Minutes

Majestic Truffles sets holiday order deadline

Majestic Truffles, the fine candy business operated by NAM's Fifty Plus Senior Center, announced a Dec. 11 cut-off date for holiday orders.

Orders can be placed by calling 281-885-4544 or on NAM's web site, www.namonline.org. After the cut-off truffles will still be available at the Corner Resale Shop in NAM's main building, 15555 Kuykendahl, and the NAM Resale Shop, 12970 Willowchase, in the Willowchase Shopping Center, near Fiesta.



HP volunteer groups

Hewlett-Packard employers, above and below, volunteered in two groups to paint, remove old tile and help in NAM's business office. The HP volunteers spackled, taped off areas, and painted hallways and rooms on NAM's first, second and fourth floors. Other volunteers removed old floor tiles on the third floor so a new floor covering could be installed. Preparing mailings is an ongoing business office project, and HP staff members pitched in to help. They also rearranged the Development work room and helped with the fiscal year end inventory of building furnishings.



Willowbrook Mall donation

Willowbrook Mall marketing manager April Jones, left, and NAM staff member Lincoln Charles check out items the mall donated to NAM's resale shops. The mall donated fixtures and display cases from the old Lord and Taylor store.

Meals on Wheels, Senior programs need volunteer drivers

Northwest Assistance Ministries' Meals on Wheels Program, Fifty Plus Senior Center and Senior Wheels Program need volunteer drivers.

MOW drivers deliver hot meals to qualifying homebound seniors and disabled people in north and northwest Houston. MOW volunteers are asked to provide their own vehicles and commit to driving at least one day a month for about two hours. Training is provided. NAM volunteers delivered more than 111,000 meals last year. NAM delivers Meals on Wheels in the following ZIP Codes: 77014 – 77038 – 77064 – 77066 – 77067 – 77068 – 77069 – 77070 – 77086 – 77090 – 77375 – 77377 – 77379 – 77388 – 77389 – 77429 and parts of 77065 – 77040 – 77484 – 77447.

For information on becoming a MOW volunteer driver, call Cheryl Green at 281-885-4622.

The NAM's Fifty Plus Senior Center is looking for volunteers to drive the bus that brings many of NAM's Senior Center members from their homes to NAM's main building at 15555 Kuykendahl. The time commitment is for half a day each week, from 8 a.m. to 1 p.m. with downtime from 9:30 a.m. - 11 a.m. as senior members participate in activities. A commercial driver's license is not needed. Volunteers just need a valid driver's license and a good driving record.

The Senior Wheels program also needs volunteer drivers. The Senior Center is open to anyone over age 50 regardless of where they reside. However, Senior Wheels provides volunteer services

to seniors over age 55 and disabled individuals who need transportation to medical appointments, grocery and drug stores, and shopping in Northwest Houston. Volunteers need their own vehicle, insurance, a good driving record and a valid driver's license.

Senior Wheels participants must reside within the following ZIP codes: 77014 – 77032 – 77038 – 77050 – 77060 – 77066 – 77067 – 77068 – 77069 – 77070 – 77073 – 77086 – 77090 – 77373 – 77379 – 77386 – 77388 – 77389. Clients pay a nominal fee which is adjusted or waived if the client cannot afford to pay.

Senior Wheels also provides information and referrals to other agencies and services. Call 281-885-4678 for information.

Year-end donations offer tax benefits

Tax season is around the corner and now is the time to take advantage of potential year-end savings with a tax-deductible donation to Northwest Assistance Ministries.

NAM can accept cash, stock, vehicles, "wish list" items and food as well as gently used items for its resale shops.

For information call Alisha Roberts at 281-885-4608 or visit www.namonline.org, NAM's website.

A publication of
**NORTHWEST
ASSISTANCE
MINISTRIES**
15555 Kuykendahl
Houston, Texas 77090-3651
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