



The Teal Family Finds Healing at NAM

Renate Teal is one very busy grandmother. She is singlehandedly raising her three grandchildren – Matthew, age 17; Amanda, age 16; and Clayton, age 12. Her daughter, the children's mother, ran away when each child was an infant. The young mother was a drug addict and Child Protective Services gave Renate the choice of putting her grandchildren in foster care or keeping them herself. She didn't think twice before agreeing to raise all three children on her own.

As a single grandparent, Renate admits it is sometimes a struggle. Money is always a challenge, and it is hard to keep up with three energetic kids and their activities. "They are in three different orchestras," she shares, "and different sports teams. I have to be everywhere at once." Being raised by a grandparent can also be difficult for the kids. "We grandparents have high standards," Renate admits. "We tend to hover more." Yet, grandparents raising grandchildren is more common than one might think. Renate says that ten of the twelve girls in Amanda's Girl Scout troop are being raised by their grandparents.

Thanks to the NAM Children's Clinic, Renate has never had to worry

about affordable healthcare for her grandchildren. All three have been receiving care at the Clinic since they were babies. "We have been going to the Clinic for almost eighteen years," Renate explains. "All the doctors have been so caring. They never rush us and they explain everything. I have never seen better care anywhere else." Clayton, who has special medical needs, has been referred by the Clinic to specialists at Texas Children's Hospital.



The Teal Family

The preventative care the kids receive at the Clinic has played a large role in keeping them healthy throughout the year. They receive reminders for their back-to-school immunizations and have never missed their shots. Renate admits that even she has learned from the Clinic staff: "I have been re-educated on healthy practices."

Renate cannot believe that Matthew is about to turn eighteen and will soon outgrow the Children's Clinic, where he has been a patient since infancy. The high school junior wants to join the Marines when he graduates. Sophomore Amanda's dream is to go to Texas A&M University and to someday work in the oil and gas industry. Clayton, the youngest of the three, is just enjoying being a kid at this point. All three young people have bright futures, thanks to the careful nurturing of Renate. Their mother has also been clean for over five years and is now involved in their lives.

Over the years, Renate has referred quite a few friends to the NAM Children's Clinic. "It's awesome!" she says enthusiastically. The Clinic has cared for her grandchildren's physical health for almost two decades, and Renate is determined to see her dreams for her grandchildren fulfilled. What are those dreams? "I want them to grow up to be the best people they can be, to help others, and to be kind." Under the care of their loving grandmother and the NAM Children's Clinic, that dream seems very attainable.

Program Spotlight – Family Violence Center

Marion Fisher is amazed that NAM's Family Violence Center (FVC) is celebrating its 20th anniversary this year. She is proud that the program she helped start is still going strong, but she is also sad that the need for domestic violence programs continues to increase.

Marion was one of four women who approached the fledgling NAM in 1991 to request space for a Family Violence program. At that time, there were no resources in the area for victims. Marion and her friends just wanted to provide a hotline, information and referrals, and support groups. The day she took the

idea to NAM, she was informed that the Board would meet that evening. The four women hastily convened at JoJo's Restaurant to draft a business plan. She jokingly recalls, "We just wanted to save the world!" The Board approved the plan, but there was no money in the budget to implement it. Not to be deterred, the women agreed to run the program as volunteers. The only thing the new program needed was a dedicated phone system for its hotline. Northwoods Presbyterian Church stepped up with funding for the phone system, and the FVC was born!

"Once the doors opened," Marion remembers, "we had a huge demand!" Within two weeks, the FVC founders trained their first class of volunteers. Resources were still scarce. The four unpaid staff members had to share two desks. Since that time, the FVC has grown to include nine paid staff members, two contract therapists, two detectives from the Harris County Sheriff's Office, and seven volunteers. The FVC now receives an average of 1,000 hotline calls per month from throughout the greater Houston area.



Carole Little

From the President & CEO...

N A M ' s philosophy of Neighbors helping Neighbors has many layers. On the most basic level, we see Neighbors helping Neighbors each day through the services provided to clients by our staff and volunteers. On a broader level, NAM itself is a Neighbor working with other Neighbor agencies to make our community a better place.

Last year, NAM served over 191,000 people. We could not touch so many lives without our dedicated corps of 85 staff, over 2,000 volunteers, 50 supporting congregations, over 160 business Community Partners, and over 60 collaborating organizations.

On the organizational level, NAM has several key collaborating Neighbors, such as the Harris County Sheriff's Office that is housed in our headquarters and two Harris County Sheriff's Detectives who are housed in our Family Violence Center.

While these detectives investigate sexual and domestic violence crimes, NAM's staff provide support services to the victims. This partnership enhances collaboration between social services providers and law enforcement, and also adds greatly to the security of NAM's building.

Our programs partner with a number of area organizations, with the goal of leveraging already existing services so that NAM does not duplicate programs already offered in the community. These partnerships are a supplement to our core programs, and we refer clients to and from each other. Collaborations are a cost-effective way to offer services and also to build community liaisons. Visual Compassion is one example. The organization provides free or low cost eye exams and glasses to the community while housed at NAM. Another example is The Open Table, a non-profit dedicated to transforming homelessness and poverty, one life at a time. NAM connects qualified clients and supports area congregations interested in starting The Open Table program.

NAM's Children's Clinic's two principal partners are the U.T. Health Science Center - Houston and the Methodist Healthcare System. The Clinic is a teaching facility for

U.T., from which NAM hires a pediatrician and nurse practitioner. NAM is a preferred pediatric rotation for medical and nursing students from UTHSC, as well as a number of other educational institutions. The Methodist Healthcare Foundation donates program funding, x-rays and lab work.

The Family Violence Center partners with a number of agencies in addition to the Harris County Sheriff, including Aid to Victims of Domestic Abuse, The Houston Area Women's Center, and the Houston SPCA. The SPCA operates the "Pet Safe" program, which temporarily shelters pets of abuse victims who are fleeing dangerous situations.

The Rotary Learning Center was founded by and initially funded by the Willowbrook Rotary Club. The RLC is now a campus for Lone Star College's adult education program. It also provides job development and financial literacy courses through the Women's Resource Center of Greater Houston and Money Management International.

NAM is a Meals on Wheels subcontractor through Interfaith Ministries of Greater Houston. The space for our western satellite office is donated by Windwood Presbyterian Church. And, NAM's Interfaith Hospitality Network relies on eighteen host congregations to provide food and shelter every evening to the homeless families it serves.

The Food Pantry and Assistance Programs work closely with the Houston Food Bank, and the Shelter & Energy Assistance program with the Cathedral Justice Project for pro bono legal services. The Fifty Plus Senior Center enjoys a relationship with The Centrum, which often donates a number of performance tickets to NAM.

NAM could not function without the many Neighbors who provide funding, volunteer service, referrals, and supplemental services. In these days of tightened budgets and increased need, we have to work smarter. Community partnerships are a very effective way to do that. There will always be Neighbors in Need in our midst. Thankfully, there are also Neighbors in Deed rising to the occasion.

Carole Little
President & CEO

NAM Programs and Services

Assistance Office	281-583-5600	Shelter & Energy Assistance ...	281-885-4531
Children's Clinic	281-885-4630	NAM Resale Shop & Donation Centers	
Development/		FM 1960	281-880-9000
Cash Donations	281-885-4605	Jones Road	281-897-8952
Furniture Donations		Corner Resale Shop	281-885-4544
Hotline	281-880-9482	Other agencies at NAM	
Family Violence Center	281-885-4673	Harris Co. Soc. Services	281-885-4591
Interfaith Hospitality		Even Start	281-586-1888
Network	281-885-4567	Harris County Sheriff's	
Meals on Wheels	281-885-4622	Office	281-885-4523
Rotary Learning Center	281-885-4616		
Senior Services	281-885-4600		

NAM Statement of Activities for the twelve months ended 4/30/11 (unaudited)

Total Support and Revenues	\$5,630,783
Expenses	
Program services	\$4,710,487
Management and General	\$329,958
Fundraising and Development	\$166,616
Total Expenses	\$5,207,061
Increase (Decrease) in Net Assets	\$423,722

NAM's fiscal year runs Oct. 1, 2010 to Sept. 30, 2011. In NAM's last fiscal year, 90 cents of every dollar went to direct services.

Welcome to NAM's Newest Covenant Congregation... North Oaks Baptist!



North Oaks Baptist Campus

NAM is proud to welcome North Oaks Baptist to its coalition. The church is located near the intersection of Stuebner Airline and Spring Cypress in Spring. Founded in 1981, the Church began with the theme "an acorn of truth and God."

In the summer of 1980, God issued a call to Pastor Fred Wiesen and his wife, Nancy, to leave their comfortable San Angelo, Texas home to begin a new work in the Houston area. The Wiesens' desire was to reach out to those who were without a personal knowledge of Jesus Christ by teaching them God's Word.

By faith, every need was met along the way as Fred and Nancy began to knock on doors in Spring, Texas. Much to their amazement, they found that 80 to 90% of the people they came in contact with had never heard the Gospel message presented to them in a personal way. God blessed the faithfulness of their efforts, and on September 29, 1980 the first Bible study was held in the Wiesen home with fifteen people in attendance.

In January 1981, twenty acres of land was purchased at the church's current site. The church has grown from a small acorn into the North Oaks Baptist Church of today. For over twenty years, that seed of faith has grown just like the many oak trees that adorn the beautiful church grounds.

North Oaks Baptist has proven to be an enthusiastic NAM supporter in the months since it has joined our coalition. We are blessed to have encountered this thriving congregation!

NAM Children's Clinic Offers Back to School Immunizations

The NAM Children's Clinic, in collaboration with the Cypress Woodlands Junior Forum, will hold its annual Shot Blitz from August 9th through 17th. This program offers low-cost, back to school immunizations for uninsured children. The cost is \$10 per child, no matter how many shots the child needs. Parents must pay cash and must bring all their child's immunization records.

Only **UNINSURED** patients will be accepted during the Shot Blitz. All other patients should contact their PCP for immunization services or go to one of the sites provided by the Harris County Health Department (281-447-2800).

For information, contact the Children's Clinic is 281-885-4630.

2011 Shot Blitz Schedule

DAY	TIME
Tues., Aug .9th	10AM - 2PM
Wed., Aug 10th	12PM - 4PM
Thurs., Aug 11th	2PM - 6PM
Mon., Aug 15th	12PM - 4PM
Tues., Aug 16th	10AM - 2PM
Wed., Aug 17th	2PM - 6PM
Fri., Aug 12th	10AM - 2PM

Back to School Distribution to be Held in August

NAM is now interviewing families for the 2011-2012 Back-to-School Project. This program provides free, grade-appropriate school supplies to qualifying children. The distribution days will be August 6th, 8th and 10th. An appointment is required. To schedule an appointment, call 281-583-5600 from 9:00 a.m. - 12:00 p.m. or 1:00 p.m. - 3:00 p.m. Monday through Friday.

Children must meet income eligibility and must reside in one of the following zip codes:

77014, 77032, 77038, 77050, 77060, 77064, 77066, 77067, 77068, 77069, 77070, 77073, 77086, 77090, 77373, 77379, 77388, 77389 and 77088.

Children in zip code 77375 may be eligible if they can show proof of enrollment in Klein ISD.

If you would like to make a donation toward the Back to School project, go to www.namonline.org. Select Special Projects, then Virtual Back to School Drive.



NAM NOTES

Northwest Assistance Ministries
15555 Kuykendahl
Houston, TX 77090

NAM Notes is the newsletter of Northwest Assistance Ministries. NAM Notes is published quarterly.

Carole Little	President & CEO
Denese Hammon	Chief Financial Officer
Rebecca Landes	V.P. of Service Programs
Maria Magee	V.P. of Fund Development
Randy Boyer	Director of Operations
Tanecia Snid	Editor

www.namonline.org

NAM is now on Facebook!

281-885-4555



Our MISSION

The mission of Northwest Assistance Ministries is to strive to meet basic human needs through Neighbors helping Neighbors.

Our VISION STATEMENT

NAM's vision, grounded in our mission and true to our values, is a community in which Neighbors care for Neighbors through our collaborative effort with area congregations, community partners, donors and volunteers. Resources are pooled and leveraged to meet basic needs and to help individuals regain their self-sufficiency, thereby creating a safer and more stable community for all.

Our VALUES

Northwest Assistance Ministries values: maintaining a strong commitment to our mission of meeting basic human needs through Neighbors helping Neighbors; fostering a spirit of respect and charity; striving for excellence in all we do; and strengthening connections with our spiritual, funding, and volunteer partners.



NAM Director of Senior Services Grace Jackson (center) receives a \$25,000 gift for Meals on Wheels from Bank of America Senior Vice President of Business Banking Trudy Nix (left) and Market Executive Kim Ruth, Senior Vice President - Houston and Texas State (right).



Brighton made a \$5,000 gift to NAM's Survival Over Summer food drive. (left to right) Brighton District Manager - South Texas Kassi Daiker, Assistant Manager- The Woodlands Lisa Estelle, Manager- The Woodlands Patty Handley, NAM VP of Fund Development Maria Magee, and Sales Partner- The Woodlands Jennifer Mitchell.



NAM is proud to be a 2011 BBB Winner of Distinction. (left to right) NAM President & CEO Carole Little, CFO Denese Hammon, VP of Service Programs Becky Landes, VP of Fund Development Maria Magee, and Director of Operations Randy Boyer.



250 guests gathered at the Woodlands Waterway Marriott for "An Evening with Jeannette Walls". Walls, author of the memoir "The Glass Castle", gave a stirring presentation on her experiences growing up in poverty and then overcoming it. The event grossed over \$93,000 for the NAM Endowment Fund.

Spring ISD High School Students Tackle Dating Violence

On May 11th, a group of seniors from Spring ISD Virtual School gathered at NAM to report on a project they completed through their online English course. The students partnered with NAM's Family Violence Center (FVC) to help find a solution for dating violence. The project, known as Global Learning Experiences, was designed to give students the opportunity to use skills they learned in their classes to solve a problem in the real world.

The group worked with English 4 Facilitator Katie Petty and FVC Youth Educator Becki Kielaszek to learn more about dating violence so they could develop solutions. The students knew about physical abuse before beginning the project, but were surprised to learn that abuse can also be verbal or emotional. On the positive side, they learned that programs like the FVC can help, and they were determined to educate their fellow students about dating violence on their campuses.

In informal surveys conducted by the students, a large number of people admitted to experiencing or witnessing some form of relationship abuse. What was most surprising to the students was that some of the victims were male. Boys may be stronger and more prone to batter, but girls can also be verbally and emotionally cruel. These mature young people also realized that many abusers are the victims of childhood abuse themselves, and that the abusers need help in order to break the cycle of violence.

Why do so many young people put up with abuse? According to one student,

some of them are used to being in dating relationships and are afraid of being alone. One girl, whose friends had warned her that her boyfriend was verbally abusive, actually broke off the relationship after completing this project.

The students discussed ways to educate their peers about this sensitive issue and actually implemented some of their ideas - which included educational buttons, flyers, posters, a Facebook page, skits, video announcements, and child development classes for teen parents. Some campuses are hoping to continue the awareness campaign during Teen Dating Violence Awareness Month (February) next year.

These students came from different campuses and backgrounds, but were able to work together through the technology of Spring ISD Virtual School. When asked what the most difficult part of the project was, many students admitted that they had trouble coordinating their schedules to conduct research and film their presentations; however, the rewards of overcoming those challenges were evident as the students talked about their experiences. They made new friends and came to respect different viewpoints while working toward a common goal.

Starting in fall of 2011, NAM will be creating a Youth Advisory Council that will learn about community needs and propose volunteer projects. High school juniors and seniors will be eligible to apply for a limited number of Council positions, and there will be a scholarship offered to one participating student at the end of the year. For information, contact Linda Fullerton at 281-885-4609 or at lfullerton@namonline.org.



(left to right) Spring ISD Virtual School Learning Specialist Vicki Perritt with students Kaylea Arnett, Modesta Rodriguez, Neikedria Walker, Kadesha Irvin, Christy Eastland, Colanders Alexander, Aris Lopez, Monica Malinowski, Juana Muniz, Yakira Garcia, Yesenia Pineda, Marissa DaSilva, and English 4 Facilitator Katie Petty.

Jeans & Jewels™ 2011 Season Begins!



(left to right) Chairs Jackie Riley, Diane Porter, Margie Crump, Pauline Adams and Louise Slater.

Jackie and Pat Riley hosted a party at their lovely home to kick off raffle, luncheon, and gala sales. Gala honorees Joanne & Mike Watford were in attendance, as well as committee members and supporters. This year's gala will be held on October 22nd at the Woodlands Waterway Marriott and is being chaired by a committee of past gala chairs.

The luncheon will be held on September 22nd at Shirley Acres and is being chaired by Tracie Swonke; the luncheon honoree is Mentie Cochran. For gala or luncheon ticket information, contact Tanecia Snid at 281-885-4608 or tsnid@namonline.org.



Gala honorees Joanne and Michael Watford with NAM CEO Carole Little (left).

Attention Kroger Shoppers

The 2010 Kroger Neighbor to Neighbor program ended April 30 and will resume June 1. If you have NAM linked to your Kroger card, you may have to re-link your card on June 1. NAM's code is 81450.



(left to right) Chairs Peggy Jo Coker and Carol Cobb

(top to bottom) Chairs Kathy Stevens, Kathy Carson, Linda Fowler and Dana Hines. Past chairs not pictured are: Nita Bedford, Susan Caldwell, Susan Diehl, Suzanne Ellis, Karla Hickman, Raelene Hill, Diane Reiner, Merle Rumsey, Lou Shirley, Sue Stewart, and Valerie vonBerg.



Team NAM Program for The Woodlands Marathon to Start in Late August

The seventh season of Team NAM training, to prepare for The Woodlands Marathon and Half Marathon in March 2012 and to benefit NAM, will begin on the last Saturday of August. The program also supports other races, which include New York, Houston, Austin, and Boston. Team NAM's successes include:

- Walkers finishing a first half marathon.
- Non-runners learning to run on a sustained basis to finish a first running race.
- Novice runners completing a first marathon or half marathon.
- Experienced marathoners improving personal record times by more than one hour.
- Seasoned runners qualifying for and running the Boston Marathon.

Team NAM also provides technical guidance and fueling regiment for endurance endeavors beyond 26 miles, such as R2R2R. Please visit www.marathon-Teamnam.org or email marathonteamnam@gmail.com for more information.

NAM Resale Customer Survey Reveals High Level of Satisfaction

NAM Resale is always striving to offer quality, gently used merchandise at competitive prices and to provide a pleasant shopping experience. Proceeds from the three resale stores bring in approximately \$1.25 million annually for NAM.

In early March, NAM conducted a customer survey in all three stores. Over 77% of those surveyed reported that they are "very satisfied" with NAM Resale. The F.M. 1960 store received the most traffic, followed by the Jones Road store and Corner Resale in NAM's main building. Over two-thirds of NAM Resale shoppers and donors also shop at and donate to other resale stores. Over 67% have shopped at NAM Resale for two years or more. Most customers discover NAM Resale by driving by and seeing the signs.

There were a variety of helpful suggestions to better publicize NAM Resale. Surprisingly, over 80% of those surveyed do not visit the NAM Resale webpage, even though most do have Internet access. And, only half of those surveyed knew about NAM Resale's furniture pickup service.

Customers identified price, variety, and friendly staff as the things they like best about NAM Resale. NAM is working with Edge Creative on a marketing plan for the stores, to better publicize them to shoppers and donors alike. This work is being funded by a private foundation. We are also looking at ways to enhance the shopping experience.

NAM Resale is grateful to all who took part in the survey! For more information about NAM Resale or to give your own feedback, contact Sean Hughes at 281-880-9000 or shughes@namonline.org.

Donate Today

Donate your gently used furniture and household goods to NAM Resale! We are in urgent need of furniture in sellable condition. To arrange a pickup,

Call 281-880-4545

Family Violence Center

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Domestic violence is an issue close to Marion's heart, as she herself was a victim many years ago. "I was nearly killed," she shares. "It's a miracle that I'm alive." Marion survived her ordeal and felt a responsibility to help other women in the same situation. Throughout her career, she has been gratified to see other victims rise above their circumstances and become advocates. Today, Marion serves on the Board of Directors for the Montgomery County Women's Center and continues to be a voice for those who are trapped in the cycle of violence.

Since 2000, the FVC has been ably led by Director Donna Amtsborg, LCSW. Donna came to the FVC in 1997 with a solid background in domestic violence and in criminal justice, having worked in the District Attorney's office. She feels passionate about domestic violence because she has always been drawn to positions where she can help people. "I also like the challenge of partnering the criminal justice and law enforcement piece with the social work piece. And we see so many success stories in the FVC - it makes it all worthwhile," Donna says.

Domestic violence is an issue that knows no socio-economic bounds. It can happen in the poorest housing project or the most luxurious mansion. In 2009, there were 196,713 cases of domestic violence in Texas. Of these, 111 women were killed. Shockingly, 29% of those fatalities were in Harris County (Texas Council on Family Violence). There are only five residential shelters for abused women in Harris County, an inadequate number for a county with 4.1 million residents.

The Texas Legislature addressed a number of bills pertaining to family violence in its 81st legislative session in 2009. One of the most well-known pieces of legislation passed, House Bill 2066, increased the penalty for strangulation and suffocation to a felony. House Bill 72 eliminated the 60-day waiting period in divorce cases for victims of domestic violence. There was additional legislation passed to increase penalties for abusers and to facilitate victim support services.

The FVC participates in a number of programs aimed at preventing or breaking the cycle of violence. In February, they worked with the Houston Police Department and the Harris County Domestic Violence Coordinating Council on "A Partnership to Protect - a Dialogue and Training on Domestic Violence". This was an educational event for faith leaders, law enforcement, and service providers held at Bellfort Church. The event was created after the beating death of a Houston woman in November 2010, and was aimed at educating congregations on domestic violence. The event was a welcome change for Donna Amtsborg, who said: "I was really excited to be part of a county-wide effort that focuses on prevention and intervention."

The FVC periodically offers a series of classes on domestic violence for the general public. The next series starts on July 7th and goes until August 11th. There will be two series in the fall: one from September 8th - October 13th, and one from November 3rd - December 15th. For more information, contact the FVC Hotline at 281-885-4673.

Thanks to all groups that volunteered at NAM Resale from March through May 2011!

(These groups are taken from the resale volunteer calendar. We apologize if any groups were inadvertently omitted.)

*The Church of Jesus Christ of Latter-Day Saints
Faith Bible Church
Faithbridge United Methodist Church
John Wesley United Methodist Church
Klein High School Spanish Honor Society
Klein Forest High School
National Charity League - Wildflowers
Northwoods Presbyterian Church
Plymouth United Church
Resurrection Lutheran Church
St. Dunstan's Episcopal Church
Starbucks
Strack Intermediate School
Westfield High School*

Sidelines with Sarah

by: Assistance Counselor Sarah Fisk

He was a senior in high school, so poor he couldn't pay for his books. So, he wanted to quit school and hitchhike to California. His mother would not let him fail. She took him with her to pick lima beans, sold them at market and earned \$50 for his clothes and books. The year was 1935. The boy was my father.

I have always thought my grandmother saved her son's life that day, going with him to pick lima beans instead of allowing him to quit school. That's what the mothers are doing who come to NAM for school supplies...they are keeping their children in school, making sure their children do not feel different, saving them from possible failure.

We have so many children who drop out of school. No one wants to be different; no one wants to be so poor they can't even afford paper. But, the reality of life is that many families are that poor. In August of every year, many families have to decide to pay the rent or pay for school supplies. That's why in August of every year, NAM offers school supplies.

Instead of dropping out of high school, my father finished high school and ultimately earned his PhD. My father is now 93 years old. He has had a life of great success and received many awards for his expertise in game management and wildlife conservation. He is no longer poor. He always speaks fondly of his mother and, of course, lima beans.



Thank you to Congregation Jewish Community North for raising \$681.58 through their 2011 Corned Beef Fund Raiser! (left to right) NAM VP of Fund Development Maria Magee, CJCN President Gale Saltzman, and Corned Beef Fund Raiser Co-Chair Dee Koblenz.

NAM's wish list

For the Organization

2 fireproof file cabinets for Human Resources (\$1,200 each)
Digital Voice Recorder for administration (\$100)
White Board for conference room

Development Department

Corporate sponsor for newsletter (\$6,000) per quarter
Web site sponsor (\$600) per month

Assistance Program

Heavy duty shredder (\$350)
Fax machine (\$150)
5 locking file cabinets (\$150 each)

Building Maintenance

New Box Truck for IHN, Food Pantry (\$35,000 to go)
New Box Truck for Resale Shops (\$46,500 to go)
Upgraded security monitoring for NAM's Kuykendahl building (\$15,000)
Ceramic floor tile throughout building (to eliminate carpet repair, maintenance & replacement) (\$25,000)
Resurface NAM parking lot (\$7,500)
Renovate bathrooms on all four floors (\$15,000 per floor)

Business Office

Heavy duty paper shredder (\$2,000)

Children's Clinic

Pedialyte- five 32-bottle cases (\$55 each)
Youth Bike Helmets (\$40)
Car Seats and Booster Seats for Infant/toddler (\$85)
10 Blood Pressure Cuffs Pedi/X-Large Adult (\$45 each)
2 Portable Blood Pressure Machines (\$50 each)
Five 12-bottle cases of Alcohol (\$22 each)
Five 12-bottle cases of Hydrogen Peroxide (\$22 each)
Gatorade
Toothbrushes and toothpaste
Diapers and Ointment
Hand sanitizer
Band-aids
Children's Stickers
Children's Tylenol and Motrin
Benadryl Liquid and Ointment
Neosporin
Cotton Balls
Clorox wipes and Lysol
Children's DVDs
Fax Machine (\$250)

Interfaith Hospitality Network

15 Pillows quarterly (\$75)
5 sets of towels quarterly—face, hand and large bath towels (\$100)

Family Violence Center

Used cell phones for 911 access, no service required
Full-size toiletries (shampoo, deodorant, toothpaste, baby wipes and diapers, etc.)

Fifty Plus Senior Center

Senior Wheels volunteer drivers
Crafters and sewers for Helping Hands
Big screen TV (\$1,000)
Roll of batting for quilts (\$92)
Cotton material for quilt tops (pricing varies)
8 oz. coffee cups and small water cups, preferably Dixie cups or paper disposable cups
Nonwashable wool yarn

Food Pantry

Nonperishable Food Items, snacks and drinks
50 cases of water (\$200)
Pull-ups and Diapers
Toiletries
Adult Diapers

Meals on Wheels

Volunteer Drivers for weekday meal deliveries
Volunteer Drivers for Saturday Frozen meal deliveries
Volunteers needed for office assistance, answering phones
Cordless Mouse (\$20 each)

Information Technology

PC Memory: PC 133 - 512 MB, \$20ea., 30 (\$600)
1GB 1Rx8 PC2-6400 RAM, \$70 each, 10 preferred total (\$700)
Hard Drives: SATA 80GB Hard Drive, \$50 ea., 5 (\$250)
Power Supply:
750W Power Supply (Hot Plug, Autoswitching) 1 (\$80.00)
Windows Server 2008 R2, 2 licenses, Charity Pricing, \$105 ea. , 2 (\$210.00)

Rotary Learning Center

Mavis Beacon Teaches Typing
20 Platinum for Schools (25 Network License) - \$600
Mango Language Lincense
2 year agreement provides full access to 33 language/ unlimited users - \$7500
1 year agreement provides full access to 33 languages/ unlimited users - \$5000
15 Rolling Office Chairs with mats - \$100 each

Corporate & Foundation Gifts (\$1,000 and above)

March - May 2011 (not Jeans & Jewels related)

Bank of America
Brighton
Brookstone Corp.
The Brown Foundation, Inc.
ConocoPhillips
CGGVeritas, Inc.
Greater Houston Community Foundation
HEB
HP
Houston Endowment, Inc.
Houston Northwest Medical Center
Junior League of N. Harris & S. Montgomery Counties
Kinder Morgan Foundation
Kroger Shares Program

Lone Star College
Mayor's Challenge Grant
Macy's Willowbrook
The Medallion Foundation, Inc.
The Methodist Hospital
National Charity League- Cypress Creek
Pro Care RX
Smith Production Inc.
Target
Ultra Petroleum
United Casing, Inc.
Wal-Mart
Wells Fargo
Williams Companies
Willowbrook Mall
Women's Business Forum

Save the Date- 2011 Legislative Breakfast

Save the date of Thursday, September 8th for the annual NAM Legislative Breakfast. This event features a panel discussion on important legislative issues by local public officials. Invitations will be mailed in August. For more information, contact Becky Landes at 281-885-4582 or rlandes@namonline.org.

Presentation Easel with White Board and Pad Clamps - \$115
10 Sharp Atomic Wall Clocks - \$20 each

Resale Shops

Volunteers to help sort donations
10 rolling recycled plastic containers (\$130 each)
2 Floor Cleaning/Waxing Service per year (\$1500 each)
6 Children's mannequins (\$85 each)
6 Men's mannequins (\$115 each)
12 Aisle Gondolas (8 feet with 8 shelves), new or gently used, plus shelving (\$400 each)
8 Wall gondolas (8 feet with 4 shelves), new or gently used (\$300 each)
25 Shopping Carts, new or used (\$40 each)

Shelter & Energy Assistance
Electric stapler—40 sheets (\$150)
Electric hole punch—30 sheets (\$130)
Wireless Doorbell (\$20)
3 personal paper shredders (\$200 each)

Visit NAM and NAM Resale on



A publication of
**NORTHWEST
ASSISTANCE
MINISTRIES**
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An Intern Learns About Life at NAM

Tasha Boudreaux is earning her Masters in Social Work at the University of Houston's Graduate School of Social Work, and is working as an intern at NAM from May 2010 through October 2011. Tasha's job at NAM is to work as a Financial Counselor in the Assistance Program. She screens clients for rent and utility assistance, food stamp eligibility, and for special projects like NAM's Holiday Distribution and Back to School program.

As part of her role as a Financial Counselor, Tasha also helps clients with budgeting. Most of the families she works with simply do not have enough income to cover basic needs. Most work in minimum wage jobs and some are unemployed. Many have never graduated from high school, but Tasha does meet some clients who have lost well-paying jobs and gone through

their savings. "One man had been earning \$100,000 per year," she recalls, "and he was laid off. He was coming to NAM for food and it was the first time he ever had to ask for help."



Intern Tasha Boudreaux

Perhaps the hardest case Tasha encountered was a woman diagnosed with cancer who could no longer work due to the effects of chemotherapy. She had fallen behind on her rent. Tasha was able to negotiate with the landlord to excuse her late fees and NAM was able to help her with some of the rent. "I don't know what happened to her," Tasha says sadly. "She was in so much pain and was just trying to pay her bills."

Sometimes, Tasha is able to help clients escape dangerous situations. This was the case with a 90-year-old man who came in with his daughter and her boyfriend. The family asked for food, but did not have proof of income. The elderly man owned his home outright and had

a pension. His monthly expenses were minimal, so Tasha could not understand why he could not afford food. The boyfriend accidentally left behind a bank statement and the Assistance staff studied it. There were multiple ATM withdrawals and the pension money was gone by the fifth of the month. Tasha and the Assistance staff were suspicious. They called Adult Protective Services to investigate. It turned out that the daughter and boyfriend were not related to the elderly man at all! They had been swindling him for years. The scam artists were arrested, and the man is now safe in an assisted living facility.

The internship has taught Tasha many life lessons, which have supplemented her education. She has acquired valuable listening skills, respect for diverse backgrounds, and patience. "You have to meet the clients where they are," she says. She credits the clients and the NAM staff with these life lessons. "The people at NAM are so professional and they have such caring hearts."