


February 2010 Fifty Plus Activities

Mon	Tues	Wed	Thu	Fri
1 9:30am Fitness 10:30am Literature Etc. 10:45am C&W Dance 12 noon Dup. Bridge 1pm Yoga w/Cynthia	2 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta	3 10am Bingo 10am Inter. Line Dance	4 10am Tap Class 1pm Advanced Line Dance	5 9:30am Fitness
8 9:30am Fitness 10:30am Literature Etc. 10:45am C&W Dance 12 noon Dup. Bridge 1pm Yoga w/Cynthia	9 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta 3pm Rob Landes at the Centrum	10 10am Bingo 10am Inter. Line Dance	11 10am Tap Class 1pm Advanced Line Dance	12 9:30am Fitness
15 NAM Closed for Presidents Day  <i>Washington</i>	16 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30pm Canasta	17 10am Bingo 10am Inter. Line Dance	18 10am Tap Class 1pm Advanced Line Dance	19 9:30am Fitness
22 9:30am Fitness 10am Bingo 10:30am Literature Etc. 10:45am C&W Dance 12 noon Dupl. Bridge 1pm Yoga w/Cynthia	23 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta	24 9:30am CWJF Rodeo Luncheon	25 NAM Closed for All Staff Retreat 	26 9:30am Fitness

