



## February 2010 Fifty Plus Activities

Mon	Tues	Wed	Thu	Fri
<p>1 9:30am Fitness 10:30am Literature Etc. 10:45am C&amp;W Dance 12 noon Dup. Bridge 1pm Yoga w/Cynthia</p>	<p>2 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta</p>	<p>3 10am Bingo 10am Inter. Line Dance</p>	<p>4 10am Tap Class 1pm Advanced Line Dance</p>	<p>5 9:30am Fitness</p>
<p>8 9:30am Fitness 10:30am Literature Etc. 10:45am C&amp;W Dance 12 noon Dup. Bridge 1pmYoga w/Cynthia</p>	<p>9 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta 3pm Rob Landes at the Centrum</p>	<p>10 10am Bingo 10am Inter. Line Dance</p>	<p>11 10am Tap Class 1pm Advanced Line Dance</p>	<p>12 9:30am Fitness</p>
<p>15 NAM Closed for Presidents Day</p>  <p style="text-align: center;"><i>Washington</i></p>	<p>16 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30pm Canasta</p>	<p>17 10am Bingo 10am Inter. Line Dance</p>	<p>18 10am Tap Class 1pm Advanced Line Dance</p>	<p>19 9:30am Fitness</p>
<p>22 9:30am Fitness 10am Bingo 10:30am Literature Etc. 10:45am C&amp;W Dance 12 noon Dupl. Bridge 1pm Yoga w/Cynthia</p>	<p>23 10am Helping Hands 10am Ballroom Dance 12 noon Mah Jongg 1:30 pm Canasta</p>	<p>24 9:30am CWJF Rodeo Luncheon</p>	<p>25 NAM Closed for All Staff Retreat</p> 	<p>26 9:30am Fitness</p>

