



# NORTHWEST ASSISTANCE MINISTRIES



*Neighbors Helping Neighbors*

## Annual Report



*Striving to meet  
basic human needs through  
Neighbors Helping Neighbors*

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Fiscal Year Oct. 1, 2004 - Sept. 30, 2005

# From the Executive Director

NAM achieved many things during its last fiscal year including some amazing, unplanned successes.

NAM has assisted area residents during natural disasters in the past, but Hurricanes Katrina and Rita really raised the bar. The hurricanes forced thousands of people from their homes in Louisiana, Mississippi and East Texas. Their search for safety, food, clothing and housing brought thousands of evacuees to north Houston and NAM. Nothing really prepares a community or organization for disasters of such a large scale. Fortunately, NAM's long-time donors understand that supporting NAM throughout the year ensures NAM's programs and services will be available when disaster strikes.

After the hurricanes, evacuees crowded NAM's lobby throughout September seeking emergency food, clothing, gift cards and information. The community embraced the relief effort and provided donations in such quantities that NAM needed to find additional warehouse space to store items until they could be sorted and distributed. Businesses and foundations offered support. Inquiries and donations came from throughout the country. NAM was able to raise more than a million dollars in three weeks to help our new neighbors in need. Community volunteers – many of



whom worked day after day – staffed information booths, worked in the warehouses and distributed vouchers for food, clothing and household items.

Thanks to our Covenant Congregations, Service Partner organizations and business Community Partners, NAM was able to assist more than 8,000 evacuees without diverting any resources from NAM's regular programs and services. Those programs continued to meet the needs of non-evacuee families in need. This amazing community effort made a difference in the lives of many people. We hadn't planned for the disaster, but we provided assistance because it was the right thing to do.

Earlier in the year, NAM's core service area grew by two ZIP codes east of Interstate 45. A service agency in that area closed its doors so other agencies, including NAM, each assumed responsibility for providing basic services in a portion of the area. More than half the residents in NAM's new ZIP codes have annual incomes at or below the federal poverty level.

An increase in the number of grants, along with an increase in compliance and reporting responsibilities, led to a year-long plan to divide the Assistance Program into two separate entities.

The new Shelter and Energy Assistance Program moved into space on NAM's third floor. The Assistance Program, Special Projects and the Food Pantry remained on the first floor.

The Family Violence Center responded to the

need for mental health services and added counseling services for adults and children.

The Sixty Plus Program changed its name to Fifty Plus to bring it in line with the age requirements of the Harris County Precinct 4 senior program guidelines. The change also expanded the potential membership pool. With more members, staff members can plan more activities to meet the needs of our senior participants.

The Meals on Wheels program remains one of the few MOW programs in the city without a waiting list thanks to the dedication of nearly 700 volunteer drivers who delivered approximately 111,000 meals.

The Rotary Learning Center assumed operational responsibility from our partners in education and began the process of adding a workforce development component.

NAM's resale shop sales grew and accounted for approximately 14 percent of NAM's operating budget.

We had a lot of activity in the last fiscal year and we again touched the lives of more than 100,000 people. We are grateful for continued community support, which allows us to continue our programs and services for those in crisis. We also continued our efforts to determine the community's need for social services and to respond to those needs in a fiscally responsible manner.

Sincerely,

Carole Little  
Executive Director



# President's Report, 2004-2005

Northwest Assistance Ministries is such a fixture in the community – providing its day-to-day service work – that it is easy to forget how important NAM is in times of crisis and how much NAM is a reflection of our community.

In the best of times, NAM's dedicated staff and committed volunteers are impressive to watch as they go about the business of helping our less fortunate neighbors, and NAM needs community support to continue operating successfully. NAM was created to assist people in need through neighbors helping neighbors. The community plays a pivotal role in that process with community donations of time, talent and dollars helping to keep programs and services going. NAM staff members work to determine the community's needs and to develop programs to meet those needs in a fiscally responsible manner. The relationship between NAM and the community has worked well for over 23 years.

Yet, the community's response to the sudden influx of Hurricane Katrina and Rita evacuees was inspirational. When thousands of people from East Texas, Louisiana and Mississippi made their way to north Houston, the community turned out in force to help people – many of whom had lost everything – with their basic needs.

Individuals, businesses, school districts, congregations, organizations and foundations joined the effort and contributed over a million dollars to NAM in three weeks. Those contributions enabled NAM to provide food, clothing, household items, transportation and counseling, along with job development and training to thousands of evacuees. People in dire need got a second chance at life.

The community volunteers and donors, who turned out day after day to help, made it clear that responding to the need was the right thing to do, and they can be proud that NAM did the right thing.

Sincerely,

Harlan Martens  
President, Executive Board

## NAM Hurricane Katrina/Rita Activity Summary

(Through Jan. 31, 2006)

### People Served

Phase 1 - Emergency Services .....	8,253
Phase 2 - Resettling Families .....	339
Phase 3 - Workforce Dev. and Counseling ..	130

### Assistance

Clothing Vouchers .....	\$160,267
Other in-kind items .....	\$304,424
Housing .....	\$69,702
Food .....	\$10,647
Holiday Gifts .....	\$14,025
Vehicle Fuel and Fares .....	\$69,826
Other Assistance .....	\$523

**Total Assistance** ..... \$629,414

Operating Costs .....	\$11,796
Salaries & Benefits.....	\$29,958

**Total Expenses** ..... \$671,168

**Balance in Program** ..... \$511,357

(Balance will fund Workforce/Counseling through Dec. '06)

### Contributions for Hurricane Relief

Cash .....	\$717,834
In-kind .....	\$464,691

**Total Income**..... \$1,182,525

## EXECUTIVE BOARD 2004-2005

**Harlan Martens**  
President

**Osama I. Mikhail**  
Vice President & Finance Committee

**Dr. David Sam**  
Treasurer & VP Finance Committee

**Pam Hughes**  
Vice President Development

**Dick Hemphill**  
NAM Endowment Liaison

**Carrol E. Aulbaugh**  
Member-at-Large

**Pauline Adams**  
Planning Committee

**Andrew Cochran**  
Vice President Learning Center

Task Force  
**Regina Curry**

Task Force Committee  
**J. Kimball Kehoe**

Endowment Liaison  
**Margo Hilliard Alford**

Planning Committee  
**Michael Hinojosa**

Task Force Committee  
**Kenneth Wine**

Vice President Planning Committee  
**Norman S. Myers**

Development Committee  
**Sue Stewart**

Development Committee  
**Kim Watson**

Development Committee  
**Connie Spiess**

Task Force Committee  
**Stephen Williams**

Nominating Committee  
**Edward Tyrrell**

Immediate Past President  
**Carole Little**

Executive Director  
**Rita Fryer**

COO & CFO

**NORTHWEST  
ASSISTANCE  
MINISTRIES  
(NAM)**

***is a non-profit,  
community-based,  
multi-program social  
service agency,  
established in 1983.  
NAM consists of an  
interfaith coalition of  
47 congregations, 17  
affiliate civic  
organizations and  
numerous Business  
Neighbors. NAM's  
work is accomplished  
with a small staff and  
nearly 2,000 volunteers  
who provide a variety  
of basic services to our  
neighbors in need.***

***NAM's mission  
is to strive to meet  
basic human needs  
through  
Neighbors  
Helping  
Neighbors.***

## Many families are just one emergency away from needing NAM's services and programs.

NAM provides a safety net for families and individuals with real human needs in our community. Last year, Northwest Assistance Ministries helped more than 100,000 people regain their balance and improve their lives.

"I'm trying to decide whether to pay the light bill or fill the prescription for my blood pressure medicine."

"I got custody of the children, but I don't know how I'm going to support them on my own."

"The car broke down and took two weeks to fix. My boss said the job couldn't wait, and the rent money was spent on car repairs. What do we do now?"

"I want to become a citizen of the United States."

"The baby is crying all night, and I think she has an ear infection, but there is no money for doctors or medicine."

"I want a better job, and I know I can do more for my family. If only I had computer training."

"I don't want him to hurt me anymore."

"Gram's doctor's appointments are twice a month, but I can't get off work to take her."

"My son wonders why I ask him to read me notes from his school. I wonder when he'll figure out that I can't read."

"I was frustrated and feeling alone while looking for work."

"We are just barely making ends meet every month. How are we going to afford school clothes and supplies for four children?"

"First my husband lost his job, and before he found a new one, I got laid off. Now we can't even pay the rent."

"Sure I'm retired, but I don't want to just sit down. I've worked hard all my life and I'm not going to stop now. I need someplace I can feel needed."

*Families in need receive a steady hand through Neighbors Helping Neighbors.*

# NAM's Assistance Program volunteer counselors help change people's lives.

People often have a wide range of needs when they come to NAM for help. NAM's Assistance Program offers trained volunteer counseling to assess clients' needs and match them with services available within NAM and in Greater Houston.

The Assistance Program offers a variety of social services including food, prescriptions, gasoline vouchers, financial help with rent and utilities, school supplies and clothing, and holiday food and toys. NAM's Supportive Housing Program, funded by the U.S. Department of Housing and Urban Development (HUD), provides housing subsidies and supportive services to homeless families. Satellite offices of Harris County Social Services, the Harris County Hospital District and the American Red Cross-FM 1960 Branch are also located at NAM for the convenience of NAM's clients.

This year, the Assistance Program assumed responsibility for two additional ZIP codes after another social service area closed. A large percentage of families in the expanded service area have incomes at or below the poverty level.

The Assistance Program split into two entities to better handle an increase in the number of grants and the associated increase in compliance and reporting responsibilities. The new service area is the Shelter and Energy Assistance Program.

When evacuees from Hurricanes Katrina and Rita sought help at NAM, the Assistance Program helped more than 8,000 people. At the same time, Assistance continued to help area families in need without using funds designated for NAM's regular programs.

**NAM's Food Pantry filled more than 11,000 food orders, feeding over 900 families each month.**

A volunteer, right, helps a client take a turkey and holiday food to her car during the Thanksgiving food distribution.



## *Assistance Program*

- ♥ An average of 1,428 families received emergency assistance.
- ♥ \$405,203 in grant funds were spent to prevent homelessness.
- ♥ More than 2,250 families received special holiday meals and 3,500 children received toys, age-appropriate gifts and warm clothing during the holidays.
- ♥ The program provided utility assistance for seniors and disabled individuals totaling \$317,920.
- ♥ 1,436 children received school supplies and clothing.
- ♥ 49 volunteer assistance counselors and 70 food pantry volunteers worked more than 19,139 hours helping families in our community.
- ♥ The Supportive Housing Program allows homeless families to achieve self-sufficiency and provided assistance totaling \$361,000.

## *The Children's Clinic*

- ♥ An average of 700 children each month received services at the Children's Clinic.
- ♥ The two-week Shot Blitz provided 1,928 immunizations to area children in the summer of 2005.
- ♥ The Clinic recorded 699 volunteer hours thanks to the regular volunteers, University of Texas Residency Program participants, medical students, nursing students, and private doctors and nurses.
- ♥ The Clinic provided medical care to children from 30 families who were forced to leave their homes due to Hurricanes Katrina and Rita.

## Every child deserves quality medical care, and NAM provides that, regardless of family income.

The Children's Clinic at NAM offers quality medical care to infants and children through age 18 for families who have Medicaid, Children's Health Insurance Program (CHIP), or who are uninsured. The Clinic provides a full range of services, from preventative care to acute care.

Physicians, nurses, a medical assistant, a team of support staff and volunteers work together in the clinic. They take into account the child's overall health, nutrition and home environment to treat the whole family.

The Clinic continues to provide the Reach Out & Read Program which includes a prescription to parents to read to their children 20 minutes a day. The Clinic also provides books to all patients through a donation program



*A Clinic physician issues a father a prescription to read to his children 20 minutes a day. The Clinic also provides children with books to give as gifts to their parents so they have a book to take home and read.*

supported by the Rotary Club of Willowbrook, the Girl Scouts, Boy Scouts, individuals and businesses.

The Clinic serves as a training facility for the University of Texas Medical School - Houston, as well as health care training programs at other area community colleges and universities.



*An 18-month-old child arrived at the Children's Clinic for a well child visit wearing a T-shirt and diaper with her dad's jacket as a blanket. The nurse working with the family determined they had no blankets for the baby and gave them a quilt made by volunteers along with some vouchers for NAM's Resale Shop so they could get clothes and baby items. The child's mother was very touched that someone cared enough to take the time to hand-make items for her baby without even knowing her. The Clinic's staff see children like this every day who need this kind of loving touch.*

## *Interfaith Hospitality Network - Houston Northwest*

♥ 80 percent of the families who participated in IHN in 2004 graduated from the program and obtained permanent housing.

♥ Empowered to make a new start, the families returned to the community with a plan and a support system that they lacked before.

♥ 52 homeless adults and children were given shelter in area congregations and NAM through IHN.

♥ 2,998 total bednights of shelter were provided.

♥ 18 congregations participated in IHN, providing evening meals, a safe place to sleep and a whole community of support.

# Some people just need a chance to step back from the struggle, take a few deep breaths, reassess their situation and make a whole new start.

Guests at NAM's Interfaith Hospitality Network (IHN) represent the growing population of families with children facing homelessness. Homelessness can come about as a result of any number of unforeseen circumstances.

When the subject of homelessness comes up, most people tend to think of the people who stand on street corners asking for money. Actually, the typical homeless person in the United States is 9 years old. The typical homeless family in Houston is a 20-year-old single woman with two children under the age of 6.

Families who find themselves alone, facing what seem like insurmountable odds, turn to NAM for help.

IHN provides an opportunity to take time out in a safe environment -- time to learn new skills, time to consider a new approach to things, time to regain self-confidence and time to step out again and claim the life that is possible with a community of support.

Mary L. graduated from IHN and wrote a thank-you note to NAM's staff. Mary wrote, "IHN gave me the strength I never knew I had. Even though I was homeless, it still gave me a peace and a great rest to get my life back in order, starting with God, first....it got easier especially to know others had been through similar situations or even worse. I thank God for my situation because it could have been worse. I could have been dead and my kids all alone, but instead He let me live on and placed me here at IHN to give me a new beginning, another chance...."



*Interfaith Quilting Bee chair Carole Busbee, left, presents a quilt to Northwest Assistance Ministries' Interfaith Hospitality Network (IHN) director Karen Weakly and case worker Brooke Newman after the ninth annual quilting bee in the Cultural Hall of the Klein Texas Stake, Church of Jesus Christ of Latter-day Saints. The bee benefited IHN for homeless families and the Society of Samaritans in Magnolia. This year the bee drew 154 quilters from 18 congregations who produced 166 quilts for the charities.*

*"Home is not where you live but where they understand you." Christian Morgenstern*

# Leaving an abusive home requires courage, hope and a safe place to go.

The hope for a better life and the courage to take the first step must come from within, but NAM's Family Violence Center (FVC) provides the resources to help clients find safe places, and offers support and the services to begin again on new paths. The FVC offers a 24-hour hotline, bilingual outreach, telephone crisis counseling, emergency shelter, emergency food, clothing, transportation, medical assistance, professional counseling services for battered women and their children, information and referrals for batterers, on-site law enforcement, legal referrals and court accompaniment.



Women who flee abusive homes often leave everything behind to enter a world of financial and emotional upheaval. NAM's multiple social service programs meet their basic needs, while they work through the physical and emotional trauma they have experienced. Caring volunteer Peer Advocates provide support to clients as they recover their strength and self-esteem, and begin the daunting task of moving toward self-reliance.

The FVC continues to offer innovative programming to meet the needs of our clients. For two years, Play Therapy and Art Therapy services have been a part of our support services directed toward children and adolescents. As the needs of our clients continue to grow, support from our community allows the FVC to grow and meet those needs.

In alliance with the Houston Society for the Prevention of Cruelty to Animals (SPCA), the FVC helps assure the safety of all household pets through the PetSafe Project. With a referral from a battered women's shelter or program, the SPCA will keep families' pets, free of charge, while family members at risk seek safe refuge.

Domestic violence cuts across all social, economic and educational lines. It affects all ages, ethnic groups and genders. Domestic violence has been identified as the number one reason for homelessness among women. Community education is an important tool in making our homes safer for all. NAM's FVC provides a speakers' bureau, teen dating seminars and evening support meetings for English- and Spanish-speaking groups.

## *Family Violence Center*

- ♥ The Center added a part-time therapist and started to phase in therapeutic counseling services.
- ♥ Each month an average of 300 battered women and their children were given support and hope.
- ♥ The Youth Education Program was restored to full-time status and more than 6,000 area students attended at least one program during the school year.
- ♥ The Center added a Spanish-speaking children's therapist to its staff.
- ♥ The SPCA's PetSafe Project, initiated by the Center, continued to provide shelter for companion pets.

*"There is a secret person undamaged in every individual." Paul Shepard*

## Rotary Learning Center helps students prepare for a better tomorrow

NAM's Rotary Learning Center participants are looking for a chance at a better life. Education is one of the basic tools with which NAM clients can implement their plan for a better tomorrow.

Individuals who seek a different direction for their lives can take the first steps by improving their training or learning new skills.

NAM's Rotary Learning Center provides classes in English as a Second Language (ESL), General Educational Development (GED) test preparation, reading and literacy and American Civics.

Classes are open to all Houston residents and are offered free or at reduced cost.



*An instructor and an assistant instructor work with a student in the Rotary Learning Center.*



*Jackie Riley and Peggy Jo Coker - 2004 Co-chairs.*

## Jeans & Jewels raises \$400,000

The sixth annual "Jeans & Jewels - A Texas Size Party" raised more than \$400,000 to support NAM's work in the community.

Jackie Riley and Peggy Jo Coker co-chaired the volunteer committee. Honorees were Kathy and John Carson. The top event sponsor was UHY Mann Frankfort Stein & Lipp Advisors, Inc.

Other sponsors included: ABC Pest, Pool & Lawn Services; Caldwell Watson Real Estate Group; Continental Airlines; Moffett Productions, Inc.; Smith Production Inc.; the Watson Family Foundation; Brookstone, L.P./Kathy & John Carson; Citation Oil & Gas Corp./Sandra & Eddie Harrell; Margie & Rick Crump; Linda & Joe Fowler; Tom Fuller & Rick Bobigian; The Houston Chronicle; Houston; Northwest Medical Center; Senator Jon Lindsay; Memorial Hermann Healthcare System; NAM Endowment FundDirectors; Tom Stewart, State Farm Insurance; Jackie & Pat Riley; Ultra Petroleum; and the Westin Ka'anapali Ocean Resort Villas.

### *Rotary Learning Center*

- ♥ Provided services to an average of 140 students a day.
- ♥ The Center provided 1,680 class hours of instruction each week.
- ♥ 232 students took GED classes toward their high school equivalency certificate.
- ♥ 111 students enrolled in the English language program using Rosetta Stone software.
- ♥ The Center developed a business plan and started to create a work-force development program.

### *Jeans & Jewels Honorees*

- ♥ 2004 - Kathy & John Carson
- ♥ 2003 - Teresa & Paul Mueller
- ♥ 2002 - Margie & Rick Crump
- ♥ 2001 - Jerry Eversole, Harris County Precinct 4 Commissioner.
- ♥ 2000 - Anais Watsky.
- ♥ 1999 - Jack N. Doherty, Robert K. Goodwin, & William F. Moyer.

# Volunteer drivers provide the wheels, and NAM provides the meals...



NAM's Meals on Wheels (MOW) home-delivered meals program extends NAM's services to those who are homebound because of illness or disability.

The provision of hot, well-balanced meals and other nutritional services to these individuals is intended to maintain or improve health, preserve and support independence and prevent premature or unnecessary institutionalization.

Over 800 volunteer drivers deliver thousands of hot, nutritious meals throughout the year. Qualifying individuals receive meals each weekday, and Saturday meals are provided to clients with the greatest need. Drivers also deliver groceries once a month to qualifying needy seniors through NAM's Senior Food program. Drivers

provide a link to the outside world for many homebound clients. Many MOW clients have needs other than food and program coordinators refer those clients to the appropriate sources.

Seniors sometimes find themselves parenting their children's children and are eligible for basic school supplies through the Back-to-School Project and age-appropriate gifts through the Holiday Project.

MOW is part of the Houston/Harris County Area Agency on Aging network of home nutrition providers and Interfaith Ministries for Greater Houston.



## *Meals on Wheels*

- ♥ Over 111,000 hot lunches were delivered to area seniors and disabled persons.
- ♥ Volunteer drivers delivered an average of 385 meals each day.
- ♥ An average of 826 volunteers each month helped deliver food on different routes.
- ♥ Volunteers recorded 21,000 hours delivering hot meals, frozen meals and additional groceries from NAM's Food Pantry.
- ♥ MOW drivers averaged 40 miles each trip.

# Fifty Plus offers seniors a home away from home . . .

NAM's Senior Services offer a comprehensive array of services to seniors in north and northwest Harris County. The Fifty Plus program is for active seniors and offers opportunities for socialization, education and wellness to anyone age of 50 and above.

The senior center offers activities such as exercise and line dancing classes, yoga classes, day trips, bridge and other card games, a game room and puzzles, bingo, craft groups, monthly speakers, and a variety of other classes including painting. Many Fifty Plus members also volunteer at NAM.

Senior Wheels helps our senior neighbors who no longer drive with transportation to medical appointments and shopping, thanks to volunteer drivers.

Majestic Truffles and Fine Candies, the business



Fifty Plus members started, has continued to prosper and raise funds for senior programming. Volunteers make the candy on site and have added new items to their product list. The candy has become a popular gift item for holidays, special occasions and weddings.

*"If it wasn't for NAM, I'd have just dried up and blown away. I just needed someone to talk to, a place where I could have a conversation and get away for a bit."*

*--A 94-year-old Fifty Plus member*

## *Senior Services*

- ♥ The program name changed from Sixty Plus to Fifty Plus to reflect the program's lowered age requirement for participants.
- ♥ The program served an average of 300 seniors each month.
- ♥ The center's candy-making business, Majestic Truffles, continued to grow.
- ♥ Senior Wheels provided roundtrips for area seniors.

## *NAM's Goal*

*NAM's goal is to serve in a spirit of humility and charity and to enable people toward independence in living while respecting racial, cultural and religious differences. We believe that as a community of God, we respect the dignity and needs of one another, as together we strive for excellence in addressing concerns of people in need.*

# NAM's Resale Shops are where good buys do good deeds for those in need.

Many of our neighbors don't know or care where their old recliner goes after NAM picks it up, or where last year's dresses and the kids' outgrown blue jeans go once they are dropped off at NAM's resale shops or main offices.

But, whether they know it or not, their unneeded clothing, furniture and household items make possible many of the services that NAM provides.

Programs such as Assistance, IHN and the Family Violence Center issue vouchers to their clients who then redeem those vouchers for donated goods, free of charge. These items help individuals establish a new household.

These are the "things" which play a big



part in getting families back on track.

Another way donations provide a second chance, is through their sale to the public at great prices. The sales not only help low to moderate income families get more for less, they also provide NAM with its single largest source of revenue.

Resale shop sales generated more than \$1,230,000 during fiscal year 2004-2005. Shop sales funded over 14 percent of NAM's operating budget.

Those dollars go to pay expenses and salaries, so that nearly 88 cents of each dollar donated can be directed toward helping someone in need.

## *Resale Shops*

♥ NAM has three resale shops: Second Chance Resale Shop at 2580 FM 1960 West, the Corner Resale Shop in the NAM Building lobby at 15555 Kuykendahl, and the NAM Resale Shop at 12970 Willowchase (FM 1960 and Highway 249).

♥ The shops generated over \$1,230,000 in revenue during fiscal year 2004-2005.

♥ Vouchers for resale shop items in excess of \$121,000 were issued to clients by the Assistance Program, the Family Violence Center, IHN, Hurricane Relief and other NAM programs.

## STATEMENTS OF FINANCIAL POSITION - For the Year Ended September 30, 2005

Materials presented on these two pages provide a comprehensive summary of the financial activities for Northwest Assistance Ministries during the periods indicated.

For more information, contact the Accounting Office from 8 a.m. to 5p.m. Monday through Friday at 281-885-4555.



*Helping Hands participants make and sell craft items to benefit Fifty Plus programs.*

### Northwest Assistance Ministries Consolidated Statements of Activities For the Years Ended September 30, 2005 and 2004

	<u>2005</u>	<u>2004</u>
<b>Changes in unrestricted net assets</b>		
Revenues and gains:		
Contributions	\$ 1,522,668	\$ 1,564,314
Government grants	1,084,512	999,575
Special events	511,831	482,500
Sales	1,277,801	1,028,090
Donated goods and services	2,350,775	2,136,577
Rental income	183,454	202,273
Program service fees	267,029	313,468
Investment return	14,477	3,205
Miscellaneous income	-	38,628
Net assets released from restrictions	382,680	355,072
Total unrestricted revenues, gains, and other support	<u>7,595,227</u>	<u>7,123,702</u>
Expenses:		
Program services	6,684,038	5,848,326
Management and general	767,732	633,592
Fundraising and development	267,298	254,859
Distribution of earnings	-	-
Total expenses	<u>7,719,068</u>	<u>6,736,777</u>
(Decrease) increase in unrestricted net assets	<u>(123,841)</u>	<u>386,925</u>
<b>Changes in temporarily restricted net assets</b>		
Contributions	265,515	868,549
Income on long-term investments	12,272	6,899
Net unrealized and realized gains/losses, long-term investmen	58,445	32,706
Net assets released from restrictions	(382,680)	(355,072)
Decrease in temporarily restricted net assets	<u>(46,448)</u>	<u>553,082</u>
<b>Changes in permanently restricted net assets</b>		
Contributions	81,145	100,138
Transfers to NAM Endowment	-	-
Increase in permanently restricted net assets	<u>81,145</u>	<u>100,138</u>
(Decrease) increase in total net assets	<u>(89,144)</u>	<u>1,040,145</u>
Net assets, beginning of year	<u>4,286,118</u>	<u>3,245,973</u>
<b>Net assets, end of year</b>	<b><u>\$ 4,196,974</u></b>	<b><u>\$ 4,286,118</u></b>

## STATEMENTS OF ACTIVITIES - For the year ended September 30, 2005



Art for the Hungry Project, Covered Wagon



NAM Holiday Food  
Distribution volunteers

### Northwest Assistance Ministries Consolidated Statements of Financial Position September 30, 2005 and 2004

	2005	2004
<b>Assets</b>		
Cash and cash equivalents	\$ 521,307	\$ 315,287
Investments	653,775	537,915
Accounts receivable, net	531,311	1,003,357
Promises to give, net	48,212	87,422
Government grants receivable	80,606	98,197
Inventory	317,677	356,643
Prepaid assets	48,730	44,884
Long-term investments	9,844	10,088
Assets restricted for long-term use	105,263	32,447
Land, building and equipment	3,398,923	3,502,645
<b>Total assets</b>	<b>\$ 5,715,648</b>	<b>\$ 5,988,885</b>
<b>Liabilities and net assets</b>		
<b>Liabilities</b>		
Accounts payable	75,803	107,799
Accrued liabilities	84,445	66,365
Advances on grants	31,950	60,215
Deposits payable	-	6,000
Due to NAM Endowment	-	-
Long-term debt	1,326,476	1,462,388
<b>Total liabilities</b>	<b>1,518,674</b>	<b>1,702,767</b>
<b>Net assets</b>		
Unrestricted	2,627,435	2,801,276
Unrestricted - board designated	54,500	4,500
Temporarily restricted	904,359	950,807
Permanently restricted	610,680	529,535
<b>Total net assets</b>	<b>4,196,974</b>	<b>4,286,118</b>
<b>Total liabilities and net assets</b>	<b>\$ 5,715,648</b>	<b>\$ 5,988,885</b>

# NAM's COVENANT CONGREGATIONS

Baha'i Faith of Northwest Harris County  
Bammel Church of Christ  
Champions Covenant Church  
Champions Ward: Klein Texas Stake of the Church  
of Jesus Christ of Latter-day Saints  
Christ the Good Shepherd Catholic Community  
Church of Champions  
CitiChurch Houston  
Congregation Jewish Community North  
Cy-Fair Christian Church  
Cypress Creek Christian Church  
Cypress Trails United Methodist Church  
Faithbridge United Methodist Church  
Greenspoint Baptist Church  
Harvest Time Church  
Holy Comforter Episcopal Church  
Hope Community Evangelical Covenant Church

Hosanna Lutheran Church  
Immanuel United Church  
John Wesley United Methodist Church  
Kinsmen Lutheran Church  
Klein United Methodist Church  
Lakewood United Methodist Church  
New Beginnings Assembly of God Church  
New Life Christian Reformed Church  
Ninth Church of Christ, Scientist  
Northchase Community Church  
Northside Christian Church  
Northwest Bible Church  
Northwest Community Church  
NW Houston Seventh-Day Adventist Christian  
Church  
Northwoods Presbyterian Church  
Plymouth United Church (U.C.C.)

Prince of Peace Catholic Community  
Resurrection Lutheran Church  
St. Anthony the Great Orthodox Christian Church  
St. Dunstan's Episcopal Church  
St. Edward Catholic Community  
St. Ignatius Loyola Catholic Community  
St. James the Apostle Catholic Church  
St. Timothy Lutheran Church  
Spring Cypress Presbyterian Church  
Spring Woods United Methodist Church  
Trinity Lutheran Church  
Unity Church of North Houston  
Victory Christian Center  
Wildewood Baptist Church  
Windwood Presbyterian Church

*Neighbors Helping Neighbors*

## NAM's Service Partners

Cypress-Woodlands Junior Forum  
Enrichment & Brotherhood Organization of Northwest  
Youth (E.B.O.N.Y.)  
Harris County Medical Society Alliance - North Branch  
Houston Association of Life Underwriters - North Branch  
Houston Intercontinental Kiwanis Club  
Junior Guild  
Junior League of North Harris County  
Kappa Alpha Theta Alumnae - Houston Northwest  
Chapter  
Metropolitan Business Alliance  
National Charity League (*Champions, Cypress Belles,  
Cypress Creek, Wildflower & Yellow Rose Chapters*)  
Rotary Club - Houston FM 1960  
Rotary Club of Northwest Houston Sunrise  
Rotary Club of Willowbrook



*Meals on Wheels  
volunteers prepare  
meals for drivers to  
deliver to home-  
bound seniors and  
disabled individuals.*



*NAM staff members think the world of our volunteers and thank them for all they do to help our Neighbors in Need.*

## Programs and Services

Assistance Office .....	281-583-5600
Children's Clinic .....	281-885-4630
Development .....	281-885-4608
Donations Hotline .....	281-885-4545
Family Violence Center .....	281-885-4673
Interfaith Hospitality Network.....	281-885-4567
Meals on Wheels .....	281-885-4622
Rotary Learning Center.....	281-885-4616
Second Chance Resale .....	281-880-9000
Corner Resale Shop .....	281-885-4544
NAM Resale Shop .....	281-897-8952
Senior Center .....	281-885-4600
Volunteer information .....	281-885-4609

### Other agencies at NAM

Harris County Social Services.....	281-885-4591
Harris County Hospital District.....	281-447-6002
American Red Cross.....	281-885-4563



## Volunteers help neighbors in need

Nearly 2,000 volunteers give their time and energy to Northwest Assistance Ministries, which is one of the reasons NAM is able to serve so many families and seniors. Volunteers answer phones, assist staff with various office jobs, deliver hot lunches during the week, stock the food pantry shelves, sort donated items and help with charitable events. NAM has an ongoing need for volunteers. For information on volunteering, call 281-885-4609.

### NAM offers tours

NAM offers guided tours of its four-story facility from 9 a.m. to 11 a.m. the first and third Thursday of each month, except in July and December. Visitors watch a short video and receive materials about NAM's programs and services. The tour also serves as an orientation session for potential volunteers. Reservations are not required. To learn more about contributing time or money to NAM, call 281-885-4605.